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RETREAT: RELAXATION AND FUN ON THE FARM

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by GSA Sue Geyer, Currier Museum of Art 2010

Again this year, the lunch bunch decided to do a Spring Retreat – an overnight getaway, to the Inn at East Hill Farm. I think for most of us, the goal was to find a place where we could kick back, relax, be taken care of and share some quality time with fellow GSAs. You can't find a better place to do that than East Hill Farm. It is a warm, welcoming Inn with a wonderful blend of history, tradition and efficiency.

Eight of us participated in portions of the tour that was scheduled for part of the first day. It was wonderful to hear about the history of the Inn and how it evolved into the wonderful Family Resort it has become. The tour of the barn was fascinating and included the making of butter. Some of us disappeared to experience even more pampering through reflexology appointments with Deb.

After the tour ended and folks departed, the Inn put on a Bread Making workshop for us, where we made some herb bread to take home. Jane did a great job walking us through the process and it was very tasty bread.

A delicious dinner was served family style. We could have as much as we wanted and included wonderful warm rolls and a yummy dessert. Much of the food served at the Inn is sourced locally. I loved the maple walnut ice cream.

During the course of the afternoon and evening, we gathered in various comfortable living room areas both in the main building and various accommodations folks had. There was always coffee, tea, lemonade and water along with very tasty cookies available in the main dining room.

The next morning we were pleasantly surprised to find the prediction of rain and sleet was wrong; the sun was shining. A couple of us took a nice walk around the farm to visit the animals again. We even slipped into the hen house and plucked out a few eggs to take home. Breakfast was hearty and delicious with a choice a number of items accompanied by warm muffins, juice and coffee. After breakfast a massage therapist, Marybeth, set up her massage chair and a number of us enjoyed the experience.



On the way home, five of us made a stopped to investigate the Monadnock Oil & Vinegar Company in Peterborough. What a delightful place. We tried a lot of their products and came home with some delightful treasures.

East Hill Farm is a wonderful location for a relaxing getaway like the one we experienced. The food is fabulous; the staff is efficient and so helpful. The overall atmosphere is friendly and wonderful. One of their strengths is accommodating families and people of all ages. I have on numerous occasions, recommended them to guests who are looking for a place that has it all. I hope you will too!

The 'Lunch Bunch' has events periodically as a way to experience establishments around the state, connect with other GSAs and have fun. If you are not on the list to receive on line invitation and would like to be, please send an email to socialcommittee@nhgsa.com. [Click here to see more photos...](#)



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